



Part of the Dukes Education family.
Together we're extraordinary.



Music Centre

Academic Year: 2025/2026

Music is a powerful way to express emotions and creativity.

Numerous studies show that through music, we develop a wide range of skills, such as motor coordination, physical ability, improved concentration, memory, and logical reasoning. Regular practice requires focus and discipline, skills that can be transferred to other areas of life. Gradual progress and a positive environment also help build confidence and self-esteem.

With its therapeutic effects, music also helps reduce stress and promotes emotional well-being.

The CJD Music Centre is a space dedicated to all children, young people, and adults who wish to learn music. We aim to provide high-quality music education, using teaching methods tailored to the individual needs and abilities of each student.

The CJD Music Centre offers high-quality musical education, welcoming students of all ages and skill levels. The curriculum includes a wide variety of instruments, courses, and programmes, as well as individual lessons, workshops, and masterclasses.

Organisation / General Conditions

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Enrolment

Enrolment is carried out by completing an online registration form.

Registrations are accepted throughout the school year; however, pupils enrolling from April onwards may not be able to take part in the auditions.

Once the activity has begun, pupils must commit to a minimum period of three months. After this period, should they wish to cancel, notice must be given in the preceding month..

Length of Lessons

Instrument lessons: 30 minutes for every two pupils.

Ensemble classes: 50 minutes (no limit on the number of pupils).

Pupils' absence from lessons does not entitle them to a replacement class. In the event of the teacher's absence, the lesson will be rescheduled at a mutually agreed time.

School Breaks

There will be no lessons during the following periods:

- a) School holidays;
- b) Term breaks;
- c) National and municipal holidays;
- d) Rehearsals, recitals, concerts or other activities in which the school considers pupils should attend or take part.

Entry Requirements

The CJD Music Centre is open to the entire educational community.

There are no aptitude or selection tests required, nor is prior knowledge of instrumental practice or music theory (such as solfège, rhythmic or melodic interpretation) necessary.

However, students of certain instruments, such as the violin and guitar, are required to have an instrument of the appropriate size, as indicated by the teacher, and suited to the student's physical development.

For musical events organised by the CJD Music Centre, participating students must wear appropriate formal attire.

Teaching Methodology

Our teaching method is based on hearing learning while respecting and incorporating each student's personal and musical preferences. Although we value individual expression and musical tastes, we also emphasise the importance of technique. Therefore, we seek a balance between technical development and musical enjoyment, ensuring that students acquire strong skills while exploring and enjoying their favourite music.

Regular activities include student performances such as recitals, auditions, and concerts, open to the general public.

Instruments and Classes

At the CJD Music Centre, we offer lessons in the following instruments: piano, violin, drums, singing, guitar, electric guitar, ukulele and Gym Sound Therapy.

In addition to individual lessons, we provide a variety of ensemble classes, including the Ukulele Band, the String Class (for advanced violin pupils), the Family Choir (for the whole school community) and the Children's and Youth Choir.

We also run a range of music workshops throughout the year, providing our pupils and their families with a rich musical experience and ongoing learning opportunities.

For further information, please contact us at: music.centre@cjd.pt

Schedules



- **Ukulele Ensemble** – Wednesday, 17:10
- **Youth Choir** – Thursday, 17:30
- **Family Choir** – Wednesday, 18:15

The schedule for other activities will be arranged later, depending on the availability of the enrolled students.

Price List

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- **Instrument (individual / 30 min) – €85**
- **Instrument (2 pupils / 30 min) – €60**
- **Ensemble Class – €30**
- **External pupils (individual / 30 min) – €100**
- **Family Choir – Free for the educational community**

The monthly fees must be paid in full every month, regardless of school holidays, term breaks, or any pupil absences.

This procedure ensures pedagogical organisation, the continuity of lessons, and the commitment made with the responsible teacher.

Instruments

Drums

(For ages 6 and up)

Drums is a dynamic and fundamental instrument that provide the rhythm and energy that drives countless styles of music. Learning to play the drums can be an exciting and rewarding experience that offers both physical and mental benefits.

Playing the drums requires complex coordination between the hands, feet and different parts of the body, which results in improved coordination and dexterity.



Piano

(For ages 5 and up)

The piano is one of the most versatile and popular instruments in the world of music. Learning to play the piano can be an enriching and rewarding experience that provides intellectual and emotional benefits.



Guitar

Classical and Electric

(For ages 6 and up)

With its rich traditions and evocative sounds, the guitar is an instrument that has enchanted musicians and listeners for centuries. Learning to play the guitar can be a deeply rewarding experience that offers a unique combination of technique, artistic expression and personal development.



Violin

(For ages 4 and up)

The Suzuki Method is an approach to teaching musical instruments that was developed by the Japanese violinist and educator Shinichi Suzuki. It is especially known for its focus on teaching children with the idea that anyone can learn to play a musical instrument just as they learned their mother tongue.



Singing

(For ages 6 and up)

Singing is an art form that combines emotional expression with technical skill. Whether in the shower, in a choir, doing karaoke or as a professional career, singing is an activity that creates joy and brings people together. For those who want to improve their vocal skills, singing lessons are essential as they develop vocal technique, including breathing control, pitch breathing, pitch, vocal range and voice projection.

Group Classes

Ukulele

(For ages 6 and up)

This small stringed instrument of Hawaiian origin has conquered the world with its cheerful and distinct sound. With only four strings, it is easy to learn and produces a melody which makes it suitable for a wide range of musical styles.

The ukulele is an inexpensive and easy-to-learn instrument. Light and compact, it's the ideal on-the-go instrument.



Youth Choir

(For children 6 and up)

The focus of the youth choir is teamwork- creating a unit in which all of the voices come together to create wonderful harmonies while respecting the tempo, rhythm and dynamics of each piece.

We begin with specific exercises to prepare the voice and body to improve breathing, pitch and vocal range.

A vast repertoire of music will be explored, from popular songs to classical pieces with different vocal stylings and harmonies, with the aim of performing publicly several times throughout the year.

Family Choir

(within the community)

Singing in a choir is an activity that promotes mental and physical well-being and provides moments of joy and relaxation. While singing your favourite songs, you can express your creativity, meet new people and strengthen bonds within the community.

Everyone is welcome, regardless of experience. If you have a passion for music and want to be part of something special, this is the right place.



Short-Term Projects Workshops

Cavaquinho* for grandparents

*small Portuguese guitar

Our cavaquinho sessions are specially developed for our grandparents and are the perfect activity for those who have always wanted to explore the world of music in a fun and uncomplicated way.

In a warm and friendly atmosphere, the lessons are adapted to their and level of knowledge, from beginners to advanced. One goal of the lessons is to promote emotional well-being and socialization in a musical and friendly environment.

Gym Sounds Therapy

An interdisciplinary field that combines music, psychology and health to promote children's physical, emotional, cognitive and social well-being of children.

Through therapeutic practices, this session uses music as a means of facilitating expression, communication and personal development and promotes improved communication in children with language difficulties, such as autism or aphasia by developing their expression and communication.

This music therapy stimulates cognitive functions such as memory, attention and problem-solving skills and promotes social inclusion and interpersonal skills, especially in group contexts.

This activity aims to help with emotional regulation and the processing of feelings while providing a safe outlet for emotional expression.

Music at Play

Our sessions are aimed at babies from 1 to 3 years old and at pre-school children (3 to 5 years old) and are carefully designed to stimulate children's cognitive, emotional and physical development.

Each session offers a unique sensory experience with sounds, rhythms and melodies that will enchant and engage all children.

In a warm and safe environment, the bond between parents and children are strengthened as they explore the world of music together, creating truly special and unforgettable moments.

In Tune Conversations

A unique opportunity for moment of conversation between a music professional and our students, where they will share their life experiences and special events.

Our students will have the opportunity to ask questions and share emotions with recognized personalities from the world of music.



Colégio Júlio Dinis
INTERNATIONAL SCHOOL

**TOGETHER WE'RE
EXTRAORDINARY**



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