
School Year 2025/2026

Lessons Plans

Subject: Visual Arts

Cycle | Year: 2nd CEB | 6th Grade

Lesson duration: 3x100 minutes

Teacher: Susana Marques

Theme:

From Marine Waste to Art — Ocean Pollution Awareness: Poster Design — Oceans, Seafood and Sustainability

Cycle | Year | Organizing Theme | Essential Learning

2nd CEB | 6th | Visual communication and environmental awareness | Create visual compositions that communicate information and promote responsible attitudes towards the oceans.

Objectives:

- Understand the benefits of seafood for health and well-being.
 - Recognise the risks of marine pollution for ecosystems and human consumption.
 - Identify practical actions to protect the oceans.
 - Apply visual communication principles in the creation of posters.
 - Raise awareness within the school community about marine pollution and the importance of protecting the oceans.
 - Develop critical thinking and responsible citizenship through artistic work.
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Content:

- World CleanUp Day beach collection at Matosinhos beach.
- Portuguese marine biodiversity.
- Benefits of seafood (nutrition, health, culture).
- Marine pollution: causes, consequences and risks.
- Ocean protection strategies and sustainable behaviours.
- Poster design principles: composition, colour, typography, image–text relationship.

- Visual impact and message clarity.
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Methodology:

- Visual presentation and guided discussion.
 - Analysis of informative and awareness posters.
 - Individual practical work.
 - Continuous teacher guidance and formative feedback.
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Activity:

Students will:

- Recall and discuss the beach clean-up at Matosinhos beach carried out on 20 September, reflecting on the types of waste collected and their impact on the marine environment.
- Discuss the importance of seafood and the dangers of marine pollution.
- Reflect on everyday actions that can help protect the oceans.
- Choose one of the three themes:
 - Benefits of seafood



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- Risks of marine pollution
- Tips on how to protect the oceans
- Plan and design a poster on cardboard (cartolina) communicating a clear message.
- Use drawing, collage or mixed techniques, combining image and text.
- Refine composition to improve readability and visual impact.

Note: Interdisciplinary link with Natural Sciences and Environmental Education.

Assessment:

- Participation and engagement in discussion.

School Year 2025/2026

Lesson Plan

Subject: Visual Arts / CEA

Date: 10 November 2025

Lesson duration: 100 minutes

Teachers: Susana Marques / Filipe França

Theme:

From Marine Waste to Art — Ocean Pollution Awareness

Cycle | Year | Organizing Theme | Essential Learning

3rd CEB | 9th | Environmental sustainability and artistic reuse | Understand marine pollution problems and transform collected waste into meaningful visual compositions using artistic references.

Objectives:

Raise awareness about marine litter and pollution; connect environmental responsibility with artistic creation; recognize Portuguese coastal marine species; promote reuse of collected materials; develop visual interpretation skills inspired by contemporary artists.

Content:

Marine pollution; World CleanUp Day beach collection at Matosinhos beach; Portuguese marine biodiversity; art from recycled materials; reference artist Javier Pérez.

Methodology:

Visual presentation; guided discussion; artist reference analysis; interdisciplinary environmental framing; project briefing.

Activity:

Students will:

- Watch a presentation about marine pollution and Matosinhos beach clean-up (World CleanUp Day – 20 September).
- Discuss impacts of marine litter and risks to ecosystems and human seafood consumption.
- Observe and analyse artworks by Javier Pérez.
- Receive the project brief: “From Waste to Art”.
- Plan an artwork using collected beach materials and A3 support.

Note: Interdisciplinary link with Natural Sciences and Environmental Education.

Assessment:

Participation in debate; engagement with theme; quality of project proposal and planning.

School Year 2025/2026

Lesson Plan

Subject: Visual Arts / CEA

Date: 17 November 2025

Lesson duration: 100 minutes

Teachers: Susana Marques / Filipe França

Theme:

From Marine Waste to Art — Creative Development

Cycle | Year | Organizing Theme | Essential Learning

3rd CEB | 9th | Artistic production with sustainable materials | Apply reuse strategies and artistic techniques using collected marine waste.

Objectives:

Develop creative solutions using collected waste; apply composition principles; reinforce awareness of marine pollution and sustainable practices.

Content:

Reused materials; composition; mixed techniques; marine species representation; sustainability in art.

Methodology:

Studio practice; guided experimentation; individual support; material exploration.

Activity:

Students will:

- Develop their artwork on A3 paper.
- Use collected beach waste and diverse art materials.
- Represent marine themes or species from the Portuguese coast.
- Apply techniques inspired by Javier Pérez's imaginative compositions.
- Adjust composition and material placement.

Note: Reinforcement of environmental awareness and seafood sustainability discussion during work.

Assessment:

Creative process; material use; technical execution; problem-solving.

School Year 2025/2026

Lesson Plan

Subject: Visual Arts / CEA

Date: 24 November 2025

Lesson duration: 100 minutes

Teachers: Susana Marques / Filipe França

Theme:

From Marine Waste to Art — Finalization and Exhibition

Cycle | Year | Organizing Theme | Essential Learning

3rd CEB | 9th | Communication through sustainable art | Present and explain artistic work linked to environmental awareness.

Objectives:

Conclude artworks; communicate environmental message; reflect on marine pollution risks and seafood benefits; promote public awareness through exhibition.

Content:

Artwork finishing; visual communication; exhibition preparation; environmental messaging.



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Methodology:

Project completion; peer feedback; reflective dialogue; exhibition setup.

Activity:

Students will:

- Complete their artworks.
- Prepare a short explanation of concept and materials used.
- Highlight links to Matosinhos beach collection and marine pollution issues.
- Organize and mount a classroom exhibition.

Note: Emphasis on awareness of marine litter and protection of oceans.

Assessment:

Final artwork; clarity of message; presentation quality; participation in exhibition setup.

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